

Spa Menu

Face Treatments

Reviver Facial (25 mins)

Instantly hydrating, softening and brightening. This facial will leave the skin looking fresh, clear and truly radiant. Ideal for all occasions where the skin needs an instant boost.

Prescriptive Facials (55 mins)

A universal treatment for all skin types. This facial is personalized and tailored to accommodate the needs of your skin. Includes professional skin diagnosis, deep cleansing, ampoule, massage and mask. An ideal facial to introduce your skin to the unadulterated pure and active products within the Pevonia Botanica line. Outstanding results for every skin type.

Aromatherapy Facial (55 mins)

A relaxing Facial that treats the skin with a holistic approach, via unique massage techniques for the face, neck and décolletage.

Plantomer Hydrating Facial (55 mins)

Visibly enhance your skin's texture and maximise hydration. This refreshing, soft lift-off mask combines the hydrating benefits of Seaweed the ocean's finest resource with revitalising propolis a natural healing and desensitising substance rich in natural antibiotics and Vitamin A. Soothing, nourishing and calming, it renders the skin undeniably radiant with highly visible results. Good for all skin types, excellent for sensitive, eczema and psoriasis prone skin types.

Rosacea Facial (55 mins)

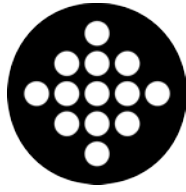
This treatment is proven capable of delivering the exceptional results desired by those suffering from severe sensitivity, broken capillaries, Rosacea and Acne Rosacea. This alleviating thermal clay mask provides soothing relief and visible results to dilated capillaries, congestion, blotchiness, and irritability. Comforting and healing ingredients such as: Rose, Green Tea, Chamomile and Liquorice, combine to properly decongest and calm your skin for an even, healthy appearance. Ideal for Vascular skin conditions.

Anti-Free Radicals Facial (55mins)

Repair your skin while deeply nourishing and replenishing the complexion from the harsh effects of free-radical damage. This effective clay thermal mask first warms encouraging the absorption of vitamins into your skin, then cools to seal the rejuvenating benefits. Micro-emulsified Vitamins A and E Maximise your skin's protection against free-radicals and premature ageing. Your complexion feels velvety smooth and deeply hydrated with improved texture and refined pores. Excellent for Dry, Dehydrated skins.

lumafirm® Lift & Glow Facial (55mins)

Seeking a treatment with amazing instant results? Redefining Radiance and facial contouring, this exclusively formulated treatment features the latest in freeze dried technology to deliver instant results and cumulative skin care benefits. Ideal For any skin type showing signs of ageing or as the perfect instant repair boost when you want to look your absolute best. Performance driven, this facial features the best anti-ageing ingredients, rendering the skin ultra-luminous with a firmer, tighter and more youthful defined appearance.



Eye Treatments

De-Stress Eye Treatment for Lines & Wrinkles (25 mins)

A Cryo-Collagen Treatment with 100% pure freeze-dried collagen to repair the delicate eye contour. Intensely hydrates and plumps the skin reducing the appearance of fine lines, wrinkles and crepiness.

De-Stress Eye Treatment for Puffiness & Dark Circles (25 mins)

This refreshing eye treatment utilises Ginkgo Biloba to stimulate the lymphatic capillaries to drain excess fluid, thus reducing the appearance of puffiness. Vitamin C works in synergy as it lightens and brightens the eyes, alleviating dark circles. An effective, cooling and decongesting treatment.

Massage

Full Body Massage (55 mins)

Promotes complete all over relaxation, easing tired and tight muscles.

Back, Neck & Shoulder Massage (25 mins)

Promotes relaxation and eases stress from tight and tired muscles.

Indian Head Massage (25 mins)

Relax your mind, body & soul with specialised massage techniques encompassing your shoulders, neck & scalp.

Refresh Hot Stone (45 mins)

An introductory Pevonia Stone taster. Includes a spinal layout and front placement using the warm, basalt stones along with a facial, scalp, foot and hand massage. A great way to refresh the mind, body and soul.

Relax Hot Stone (1Hr 30 mins)

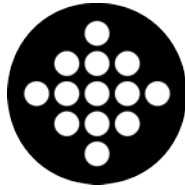
A sensory journey for a complete holistic approach to relaxation. Stimulates the body's own ability to release stress and restore peace, bringing about a state of deep relaxation. Mind and body are rebalanced and skin is left glowing with health.

Rejuvenate Hot Stone (2 Hrs)

A complete cleansing and massage ritual. Includes a facial, body polish, massage and stone placement. The skin will be left cleansed, glowing with health and vitality whilst the body's tension has melted away. The ultimate and complete head-to-toe experience.

Time For Mum (1Hr 30 mins)

Enhance the experience of being pregnant with this treatment package exclusively designed by Pevonia UK. Specifically tailored to safely care for mothers-to-be needs, this treatment combines a Pevonia Signature Massage with the Plantomer Facial and hand and foot treatment. Addressing the physiological and psychological changes associated with pregnancy, feel cared for with this unique treatment package.



Please be aware this treatment is for ladies who are over 13 weeks pregnant.

Body Treatments

Body Polish (25 mins)

A rich, creamy-textured skin refining body scrub to remove impurities and rough skin. Gentle and deep cleansing, Pevonia's Body Polish uses natural jojoba granules to activate the blood circulation without harming the fine capillaries, leaving skin soft, silky and smooth.

Tropical Saltmousse Glow (25 mins)

A spa exfoliating treatment unlike any other! This Saltmousse Glow will remove dead skin cells and impurities whilst releasing negative ions to counteract damaging environmental pollutants. As water is added to the Saltmousse, the skin is polished with this aromatic scrub. As it pleasantly foams it naturally rehabilitates the skin leaving a youthful smooth surface.

Back Ritual with Aromatic Moor Mud (40 mins)

A luxurious back treatment incorporating the wonderful, results-driven aromatic Moor Mud. As this thermal mud aids muscular tension, aches and pains, escape into a state of deep relaxation as we perform the highly relaxing cocoon massage techniques. This treatment is ideal prior to a massage for longer lasting ease of tension, acne on the body or simply as a sole therapy.

Reflexology (55mins)

Reflexology is based on the principle that reflex points on the soles, tops, and sides of the feet correspond to different areas of the body. In this way, the feet can be seen as a 'map' of the body. By applying specialised massage techniques to specific reflex points - using the thumbs, fingers and knuckles – the aim of a reflexology treatment is to help restore balance to the body naturally, and improve the client's general well-being. It can help with a number of conditions.

Beauty Treatments

Eye Essentials

Brow Shape
Eyebrow Tint
Eyelash Tint

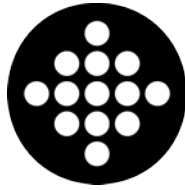
OPI Manicures and Pedicures

Manicure (55mins)
Pedicure (55mins)
Manicure & Pedicure (115mins)
File and Polish for Hands or Feet (25 mins)
OPI Gels (45 mins)

Waxing

Legs, Bikini, Underarms, Back, Arms, Chest, Lip and Chin all available.

May-17



Package Treatments

Included in your packages are the following treatments:

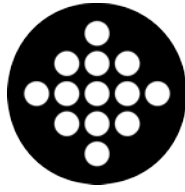
25 Minute Treatments

- Back, Neck & Shoulder Massage
- Indian Head Massage
- Reviver Facial
- Body Polish
- File & Polish

55 Minute Treatments

- Prescriptive Facial
- Aromatherapy Facial
- Refresh Hot Stones
- Full Body Massage
- Manicure
- Pedicure

If you wish to upgrade your treatment to another on the list you may do so and use £25 towards another treatment if your package includes a 25 minute treatment or £45 if your package includes a 55 minute treatment.



Spa Overnight & Day Packages

Please be aware that our overnight guests will be given priority when it comes to spa space

Overnight Packages:

A Taste Of The Corran

Three course dinner in our 2 rosette restaurant, bed and breakfast and 2, 25 minute treatments from a selection during your stay.

Sunday to Thursday night stays	From 199.00 per couple
Friday and Saturday night stays	From £225.00 per couple

Spa Couples Get Away

Three course dinner in our 2 rosette restaurant, bed and breakfast and 2, 55 minute treatments from a selection during your stay and a bottle of Prosecco in your room on arrival.

Sunday to Thursday night stays	From 245.00 per couple
Friday and Saturday night stays	From £275.00 per couple

Spa Day Guest Packages:

Your day will include:

- 1 hour and 10 minutes with your therapist which includes a 55 minute treatment and spa ritual.
- Glass of Prosecco
- Use of the facilities throughout your time with us
- A pair of Pevonia flip flops to use on the day and take home with you
- Robe & towel hire

With a 2 course lunch Monday to Thursday	£99.50 per person
With a 2 course lunch Friday or Saturday	£104.50 per person
With a 3 course Sunday lunch	£114.50 per person
With afternoon tea Monday to Thursday	£99.50 per person
With afternoon tea Friday to Sunday	£109.50 per person
Event days with a picnic hamper	£97.00 per person

Lunch is served 12 noon until 2pm each day and Afternoon Tea 3pm to 5pm each day. On days where we have events in the main hotel we are able to offer picnic hampers for guests.

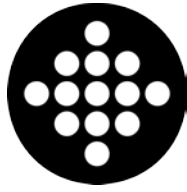
Goss & Gloss Package:

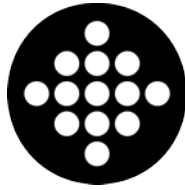
Your day will include:

- Full OPI manicure or Pedicure
- Glass of Prosecco
- Use of the facilities throughout your time with us.
- A pair of Pevonia flip flops to use on the day and take home with you
- Robe & towel hire

Monday to Thursday	£69.00 per person
Friday to Sunday	£74.00 per person

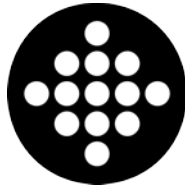
Please be mindful that you will not be able to use the wet areas after your treatments and that robes are not permitted in the restaurant. All packages are subject to availability.





Prices

		Time	Price
Facials			
Express Facial		25 minutes	£35.00
Prescriptive Facials		55 minutes	£60.00
Aromatherapy Facial		55 minutes	£60.00
Plantomer Hydrating Facial		55 minutes	£65.00
Rosacea Facial		55 minutes	£70.00
Luma Firm Facial		55 minutes	£75.00
Anti Free Radicals Facial		55 minutes	£75.00
Eye Treatments			
De-Stress Eye Treatment for Lines & Wrinkles		25 minutes	£25.00
De-Stress Eye Treatment for Puffiness & Dark Circles		25 minutes	£25.00
Massage			
Pevonia Full Body Massage		55 minutes	£70.00
Pevonia Back, Neck & Shoulder Massage		25 minutes	£35.00
Indian Head Massage		25 Minutes	£35.00
Refresh Hot Stone		45 minutes	£55.00
Relax Hot Stone		90 minutes	£90.00
Rejuvenate Hot Stone		120 minutes	£120.00
Time For Mum		90 minutes	£80.00
Body Treatments			
Body Polish (P)		25 minutes	£30.00
Tropical Saltmousse Glow		25 minutes	£40.00
Back Ritual with Aromatic Moor Mud		40 minutes	£45.00
Relexology		55 minutes	£60.00
Moor Mud body wrap		55 minutes	£70.00
Eye Essentials			
Brow shape		10 minutes	£10.00
Eyebrow Tint		10 minutes	£10.00
Eyelash Tint		15 minutes	£15.00
3 in 1 (all of the above)			£30.00
OPI Manicures & Pedicures			
Manicure		55 minutes	£40.00
Pedicure		55 minutes	£40.00
Manicure & Pedicure		115 minutes	£70.00
File and Polish for Hands or Feet		25 minutes	£25.00
OPI Gel colour		45 minutes	£45.00
Waxing			
Full Leg	£25.00	Full Leg & Bikini	£30.00
Full Leg, Bikini & Underarm	£35.00	Half Leg	£16.00
Half Leg & Bikini	£25.00	Half Leg, Bikini & Underarm	£30.00
Bikini or Underarm	£12.00	Chest or Back	£20.00
Half Arm	£15.00	Full Arm	£20.00
Lip or Chin	£8.00	Lip and Chin	£10.00



Terms & Conditions of Booking:

All treatments are subject to availability. Please contact the spa directly before making your booking.

Treatments can be booked either by email or calling the spa direct. To guarantee your perfect time and date, please book well in advance.

Those treatments included in day and overnight packages are indicated in the brochure. Should you wish to upgrade the package value of a 25 minute treatment is £30 and a 55 minute treatment £50

Please arrive 15 minutes prior to your treatment time to guarantee that your treatment begins on time. This will allow you to be fully relaxed and have completed or updated your wellness questionnaire. Consultation and aftercare advice are included in the treatment time.

To confirm your treatments a 25% deposit is required on booking.

In the event your treatment is cancelled within 48 hours the deposit is non-refundable and non-transferable.

Full payment is required on bookings made 24 hours prior to the treatment start time. This is not refundable should you cancel your booking.

In an effort to provide a totally relaxed environment, we ask that you refrain from using your mobile phone in public areas in the spa.

A swimming costume or trunks are obligatory when using our pool, Jacuzzi, or sauna. Underwear must be worn during treatments.

For health and safety reasons, children under the age of 16 are not permitted in the Jacuzzi, sauna or steam room. Children are also only permitted to use the swimming pool between 8am-10am and 4pm-7pm daily. Only children of residents of the Resort are permitted to use the facilities.

Treatments for children under 16 are restricted and they must be accompanied by an adult: please ask at reception.

On making your reservation, please advise us if you have any health concerns or if you may be pregnant so that we can guide you towards the best treatments.

If you would like us to create a bespoke treatment plan during your stay, private spa consultations are available free of charge by appointment.

We recommend you leave all valuables at home. We cannot be responsible for any missing items in the spa. Jewellery needs to be removed prior to treatments commencing.

Our spa therapists reserve the right to refuse to do your treatment if you are deemed to be under the influence of alcohol or behave in a way which is deemed unsuitable.